

IMPLEMENTATION PLANS

While an implementation plan was established in the hospital's 2019 CHNA report, Ochsner Specialty Hospital was unable to generate satisfactory responses in these areas. This is due to the hospital shifting its focus in 2019 – 2022 to meet the more pressing needs that arose from the COVID-19 pandemic.

As a result, the hospital has chosen to continue focusing on these areas noting that these issues are still prevalent as of 2022. Over the next three years, pending a surge in COVID-19 or a new public health emergency, Ochsner Specialty Hospital and its many community partners will concentrate their efforts into these areas:

INITIATIVE 1: COPD

- ▲ Lifestyle improvement
- ▲ Causes of airway obstruction, e.g., emphysema, chronic bronchitis
- ▲ Cigarette smoking – begins at admission; assist patient with alternatives and prevention
- ▲ Risk factors

INITIATIVE 2: DIABETES MANAGEMENT

- ▲ Lifestyle improvement
- ▲ Public education, i.e., patient, family and caregivers, community, health screenings
- ▲ Diabetic wounds, i.e., prevention, diet and lifestyle improvements, skin care, caring for wounds and wound patients

INITIATIVE 3: HEART DISEASE

- ▲ Lifestyle improvement
- ▲ Public education, i.e., patient, family and caregivers, community, health screenings
- ▲ Risk factors

The hospital wants the community to know that it takes all health needs within the community seriously. Unfortunately, the hospital is unable to address every health need noted over the course of the next three years covered within the current CHNA but plans to continue reviewing these needs and as resources become available in the future address them accordingly.

The implementation strategy associated with these health initiatives noted above will be developed over the coming months, submitted to the board of directors for approval, and then posted to the hospital's website by the due date of the 15th day of the fifth month after the end of the taxable year the CHNA is due with said due date being May 15th, 2023.

Ochsner Specialty Hospital of Meridian CHNA Plan of Action 2022

Ochsner Specialty Hospital of Meridian, located in the rural South, has been dedicated to care for patients with complex acute and chronic needs. Ochsner Specialty Hospital of Meridian has completed a community health needs assessment which identified key health needs in our community. At the heart of our efforts and work is the facility's mission: Restoring Quality to Life. As you will read in this report, over the next three years our implementation plan/strategy takes many forms, involves numerous partners and serves a variety of populations. The focus area for our CHNA interventions will be Lauderdale County. Lauderdale County is the residential area for the majority of the inpatient admissions and its data is also reflective of the state of Mississippi. The Steering Committee and Community Focus Group outlined three initiatives for our facility. These initiatives are listed below:

Initiative I: Chronic Obstructive Pulmonary Disease

- Provide education in a geographic area to patients and individuals on lifestyle improvements related to chronic lung conditions and risk factors associated with chronic obstructive pulmonary disease.
- Partner with the Mississippi State Department of Health and others to provide all information regarding Smoking Cessation.
- Partner with our health system, clinicians, and providers to develop/deliver education and information regarding tips on living a healthy lifestyle and the risk of smoking.

Target Population

Ochsner Specialty Hospital of Meridian targeted the adult population within a 100-mile radius of Meridian in Mississippi and West Alabama who could benefit from health promoting information. The information was geared toward chronic and co-morbid conditions and patients suffering from chronic respiratory conditions.

Goals

- To educate the surrounding population and patients about healthy lifestyle choices to promote better health.
- To increase partnerships with organizations and health care workers to continue health education and to improve clinical outcomes.

Timeframe

The goals will be initiated and accomplished throughout the three-year span of the CHNA process.

What are the activities?

- The following venues will be utilized to complete our initiatives: Health Fairs, Health Education programs, Social Media or other electronic formats, etc.

Where? (Locations in geographic area)

- Primarily Lauderdale County and surrounding areas

Initiative II: Diabetes Management

- Provide education in a geographic area to patients and individuals on lifestyle improvements related to diabetes management.
- Partner with our health system, clinicians, and providers to develop/deliver education and information regarding tips on living a healthy lifestyle, appropriate diabetes management, and avoiding adverse diabetic complications.
- Offer sponsorship for the Mississippi Diabetes Foundation's annual fundraiser walk in Meridian.

Target Population

Ochsner Specialty Hospital of Meridian targeted the adult population within a 100-mile radius of Meridian in Mississippi and West Alabama who could benefit from health promoting information. The information was geared toward chronic and co-morbid conditions and patients suffering from diabetes mellitus.

Goals

- To educate the surrounding population and patients about healthy lifestyle choices to promote better health.
- To increase partnerships with organizations and health care workers to continue health education and to improve clinical outcomes.
- Collaborate with our Diabetes Educator and Hyperbaric Center to educate their populations.
- Have a focus/highlight during National Diabetes Education Week

Timeframe

The goals will be initiated and accomplished throughout the three-year span of the CHNA process.

What are the activities?

- The following venues will be utilized to complete our initiatives: Health Fairs, Health Education programs, Social Media or other electronic formats, etc.

Where? (Locations in geographic area)

- Primarily Lauderdale County and surrounding areas

Initiative III: Heart Disease

- Provide education in a geographic area to patients and individuals on lifestyle improvements related to chronic heart disease.
- Partner with our health system, clinicians, and providers to develop/deliver education and information regarding tips on living a healthy lifestyle and avoiding adverse complications associated with chronic heart diseases

Target Population

Ochsner Specialty Hospital of Meridian targeted the adult population within a 100-mile radius of Meridian in Mississippi and West Alabama who could benefit from health promoting information. The information was geared toward chronic and co-morbid conditions and patients suffering from chronic heart disease.

Goals

- To educate the surrounding population and patients about healthy lifestyle choices to promote better health.
- To increase partnerships with organizations and health care workers to continue health education and to improve clinical outcomes.

Timeframe

The goals will be initiated and accomplished throughout the three-year span of the CHNA process.

What are the activities?

- The following venues will be utilized to complete our initiatives: Health Fairs, Health Education programs, Social Media or other electronic formats, etc.

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